



University of Miami Miller School of Medicine

# OB/GYN *Connection*

Monthly News for Faculty and Staff— February 2008

## OB/GYN to Train Residents on Counseling Patients Who Smoke

The Miller School of Medicine's Area Health Education Center (AHEC) Program has awarded \$50,000 to the Department to go towards the development of a program that will educate and train residents and other health care providers on how to counsel patients and refer them to tobacco cessation programs.

This educational initiative will be led by **Dr. Jorge Garcia**. Using educational materials and other resources provided by AHEC, the initial phase of the program will include training residents and will progress to include physicians, nurse practitioners, nurses and other health care providers.

Residents will use current clinical practice guidelines on treating tobacco use and dependency to identify and counsel patients who

smoke on the adverse health effects of tobacco. Patients will also be offered behavioral and pharmacologic interventions and referred to the appropriate tobacco cessation programs. An AHEC smoking cessation counselor will be available in the prenatal and ambulatory clinics.

Through this program the Department will make the procedure of identifying and counseling patients on tobacco cessation a routine component of patient evaluation.



## Dr. McLeod is Inducted into Hall of Fame

Another honoree was inducted into the Department's Hall of Fame last month. Dr. Allan McLeod, who served in the Department for 43 years, was recognized for his contributions on Saturday, January 26, 2008.

A graduate of Scotland's University of Glasgow and a fellow of the American College of Obstetricians and Gynecologists and London's Royal College of Obstetricians and Gynaecologists, Dr. McLeod was an integral component of the OB/GYN Department. During his 43 years at the University of Miami (1960-2003), he made immeasurable contributions. Primarily, he helped establish the Department's various divisions.

He was also Interim Chair of the Department on two occasions and was president of organizations like the William Little Society

and the prestigious South Atlantic Association of Obstetricians and Gynecology. He was actively involved in formulating state health policies, as he was a South Florida representative on several state committees.

For his achievements and contributions to women's health, the Department congratulates Dr. McLeod.

To nominate a candidate for the Hall of Fame, please contact Jackie Taylor at 305-585-5131 or e-mail her at [jtaylor2@med.miami.edu](mailto:jtaylor2@med.miami.edu).



Dr. Allan McLeod

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## Events

► **February 1-29, 2008**

American Heart Month is sponsored by the American Heart Association. Take the Go Red Heart CheckUP, a free online heart risk assessment at [www.goredforwomen.org](http://www.goredforwomen.org). For more details, visit [www.americanheart.org](http://www.americanheart.org).

► **February 21-23, 2008**

The OB/GYN conference will take place at the Mayfair Hotel & Spa in Coconut Grove. The conference will also be broadcast internationally via the web. For more information, click [here](#).

► **April 25-27, 2008**

Save the date for the William A. Little Society's annual meeting, The Palms Hotel, South Beach.

► **Thursday, May 29, 2008**

Resident Research Day will feature OB/GYN Chief Residents. Gordon Center Auditorium (first floor of the CRB); 7:30 a.m. to 12:30 p.m. Opening remarks will be given by Dr. William Hoskins, Executive Director of Surgical Activities and Attending Surgeon, Gynecology Service Department of Surgery and Member of Memorial Sloan-Kettering Cancer Center.

► **Friday, June 13, 2008**

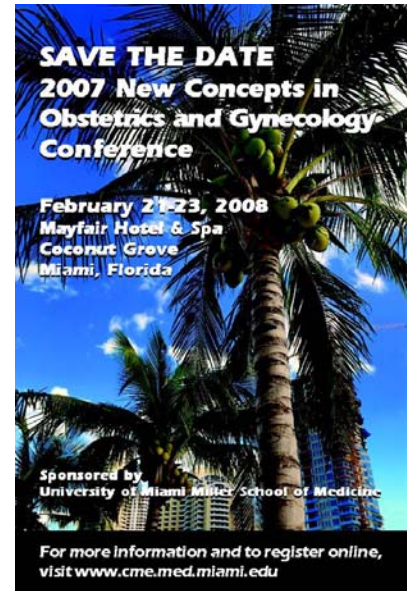
Save the date for the OB/GYN Resident Graduation. Time and date TBA.

## New Concepts in OB/GYN Goes International

The New Concepts in OB/GYN Conference, taking place February 21-23, 2008 at the Mayfair Hotel & Spa in Coconut Grove, is still open for registration. This year the conference is also available through a webcast to an international audience.

A live webcast of the conference will be available free of cost to interested participants. Anyone can register to receive this live feed, but only paying registrants will be able to obtain CME credits. A fee is also involved to access archived lectures.

To register for the conference go to <http://www.med.miami.edu/med/education/cme/>. If you are interested in registering for the conference webcast go to [www.vemics.com/obgyn/](http://www.vemics.com/obgyn/).



## Essure vs. Tubal Ligation

### Essure Procedure Available at Practice Sites

The Department is offering the sterilization procedure Essure at various practice sites including University of Miami Hospital (Suite 201 W) and Jackson South.

**Essure** is different than the traditional method of surgical tubal ligation primarily because it does not require any incisions. The procedure, which is permanent, can be performed in-office without general anesthesia, and since it does not involve hormones, it does not disturb a woman's menstrual cycle.

To refer a patient for the procedure, or to schedule an appointment, call 305-585-5160.

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	Essure	Tubal Ligation
How is the procedure performed?	Spring-like coils are inserted through the body's natural pathways (vagina, cervix, and uterus) and into the fallopian tubes. The micro-inserts work with the body to form a tissue barrier that prevents sperm from reaching the egg.	Usually performed as a laparoscopic procedure under general anesthesia. Gas is used to expand the abdomen so surgical tools can be inserted. The fallopian tubes are blocked either by metal clips or plastic rings, cutting away a section of the tube, or burning a portion on the tube. The clamps, rings, or clips remain in the body.
Where performed	In office	In hospital
Procedure Time	13 minutes	30-45 minutes
Recovery Time	1-2 days or sooner	4-6 days
Post-procedure pain/discomfort	<ul style="list-style-type: none"> <li>• Cramps</li> <li>• Discharge</li> </ul>	<ul style="list-style-type: none"> <li>• Cramps, Discharge</li> <li>• Pain at the wound</li> <li>• Bloated abdomen and/or sharp pains in the neck or shoulder</li> <li>• Bruising around the wound</li> <li>• Feeling tired and achy</li> </ul>

## Pre-med Students Looking for Mentors

The University of Miami Premedical Honors Society (Alpha Epsilon Delta) is looking for physician mentors who are willing to allow pre-med students to shadow them.

“By far, the most popular and arguably most enriching experience provided by the society to its members is the physician shadowing program. This initiative enables students to accompany a physician for a limited period in the day whilst on his or her rounds seeing patients or even witnessing procedures of a routine nature,” said Steve Siegal, physician shadowing coordinator for the honor society.

The time permitted for the shadowing and the nature of the patient exposure is entirely up to the physician. If you are a doctor interested in participating in this program, please contact Mr. Siegal at 239-404-9302 or by e-mail at [s.siegal42@gmail.com](mailto:s.siegal42@gmail.com).

## Friday, February 15: Woman’s Heart Day

When it comes to women and heart disease, the numbers speak for themselves. Heart disease is the number-one killer of women, and it afflicts more women than men.

**One out of every three adult women has some form of cardiovascular disease: coronary disease, heart attack, or stroke.**

Visit the National Woman’s Heart Day Health Fair, a free, informative event for women that features lifestyle presentations, cutting-edge information on medical issues of importance to women and their families, and complimentary heart-health screenings.



The fair is sponsored by the Sister to Sister Foundation. For more information on the Sister to Sister Foundation, visit [www.sistertosisterfoundation.org](http://www.sistertosisterfoundation.org).

### When and Where

Friday, February 15, 2008

Time: 8:00am - 2:00pm

Radisson Miami Omni Complex  
1601 Biscayne Blvd.  
Miami, FL 33132

305-374-0000

## Dr. Estes Receives Grant

Dr. Christopher Estes was awarded a one year grant from the Institute for Women’s health. The \$50,000 award will be used to conduct a pilot project comparing the bone metabolism effects of Depo Provera and Implanon in postpartum women.

## Dr. Garcia Receives Recertification

Dr. Jorge Garcia received recertification by the American Board of Quality Assurance & Utilization Review Physicians in health care quality and management.

## Message from the Florida Board of Medicine

Attention doctors:

If you have not updated your e-mail address or have not signed up to receive communication by e-mail from the Florida Board of Medicine, please e-mail your full name and license number to [MQA\\_Medicine@doh.state.fl.us](mailto:MQA_Medicine@doh.state.fl.us) or call (850) 245-4131.

A complete outline of Florida Medical practice statutes as well as Board rules can be found at [www.flhealthsource.com](http://www.flhealthsource.com).

## Presentations and Publications

- ▶ Dr. Amanda Cotter presented a lecture at the Green Family Foundation's HIV Symposium, held Thursday, January 31, 2008, in Port St. Lucie.
- ▶ Drs. Carlos Medina, Peter Takacs, Keith Candiotti, and Mehdi Nassiri, had their abstract, "Loss of uterosacral ligament smooth muscle cells in women with uterine prolapse is due to apoptosis," accepted for oral poster presentation at the 34th Annual Meeting of the Society of Gynecologic Surgeons in Savannah, GA, April 14-16, 2008.
- ▶ Seven posters from the Maternal Fetal Medicine Division were presented at the 28th Annual Meeting of the Society of Maternal Fetal Medicine (January 28-February 2; Dallas, TX).

Posters included:

"Outcomes of Pregnancies Complicated by Subchorionic Hematomas"

Drs. Lorna Rodriguez, Subha Sundaram, Victor Gonzalez-Quintero

"Maternal Morbidity and Infant Mortality in Late Preterm Twin Births: 1989-91 vs 1999-01"

Drs. Barbara Luke, Victor Gonzalez-Quintero

"Maternal Morbidity and Infant Mortality in Late Preterm Singleton Births: 1989-91 vs 1999-01"

Drs. Barbara Luke, Victor Gonzalez-Quintero

"The Impact of Obesity on Glycemic Control and Neonatal Outcome Among Pregestational Diabetic Women"

Drs. Enrique Vazquez-Vera, Carmen Tudela, Alexis Dominguez, Victor Gonzalez-Quintero

- ▶ Drs. Peter Takacs, Carlos Medina, and Keith Candiotti had their paper, "Wide genital hiatus is a risk factor for recurrence following anterior vaginal repair," published in the January issue of the *International Journal of Gynecology and Obstetrics*

## Quoted

- ▶ Dr. Gene Burkett was quoted in a story to appear in the March issue of *South Florida Parenting* magazine. The story explains a recent study that states breaking a woman's water during delivery is unnecessary.
- ▶ Dr. Christopher Estes was quoted in January in *The Miami Hurricane*, the University of Miami student newspaper, in a story detailing various forms of birth control.

## HR Corner

The Department extends a warm welcome to the following new hires:

Rebecca Martinez, Patient Clinical Associate, Generalist Division.

Julissa Galarza, Patient Clinical Associate, Generalist Division.

# Employee Spotlight



Name: *Yvette Rivero*

Job title: *Assistant  
Director of Clinical  
Research and  
Southeast Coordinator  
for the AIDS Education  
and Training Center*

If I could travel to any place  
in the world, I'd go to the  
*Fiji Islands.*

What most people don't  
know about me is that I  
*love the beach, enjoy  
jazz music, especially  
Afro-Cuban jazz, and  
can NY-style disco  
dance.*

Three words my friends  
would use to describe me  
*are dominant, organized,  
and motherly.*

What I like most about my  
job is *the diversity of  
the research that is  
funded, the people I  
meet from other  
institutions and the  
knowledge that we have  
the ability to change  
standards of care  
through this research.*



Yvette Rivero

**To include your good news in upcoming newsletters, or for questions or comments,**

**Contact Jackie Taylor at [jtaylor2@med.miami.edu](mailto:jtaylor2@med.miami.edu) or by phone at 305-585-5131.**

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